

OCTOBER 2019



GARDENS OF PELHAM
ASSISTED LIVING

205.402.9922 | www.GardensOfPelham.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>HEALTH TOPIC:  Breast Cancer Awareness Month</p>	<p>FUN: FALL Events</p> 	<p>1 10:30 Sittercise National Cookie Day 2pm Cookies & Milk</p> 	<p>2 10:30 Sittercise Happy Birthday Jeanne Bentley 2pm Fall Movie Matinee</p>	<p>3 10:30 Sittercise 2pm Caramel Sundaes</p> 	<p>4 10:30 Sittercise 2pm Fun with the Murphy Family</p>	<p>5 10:30 Sittercise</p> 
<p>6 10:30 Sittercise Friends & Family Day 2pm Worship Evangel</p>	<p>7 10:30 Sittercise 2pm Fall Prevention Kindred at Home</p>	<p>8 10:30 Sittercise 2pm Mad Hatter Day Wear your Hats to play board games</p> 	<p>9 10:30 Sittercise 2pm Fall Movie Matinee</p> 	<p>10 10:30 Sittercise 2pm BINGO</p> 	<p>11 10:30 Sittercise 2pm Dominos 3pm Popcorn on the Patio</p>	<p>12 10:30 Sittercise Popcorn Popping Month</p> 
<p>13 10:30 Sittercise Friends & Family Day 2pm Worship Evangel</p>	<p>14 10:30 Sittercise 2pm BINGO</p> 	<p>15 10:30 Sittercise 2pm Fall Movie Matinee</p> 	<p>16 10:30 Sittercise 10:30 Broadway Hits with Kathy O'Conner</p>	<p>17 10:30 Sittercise 2pm National Card Playing Day</p>	<p>18 10:30 Sittercise 2pm Fun with the Murphy Family Chocolate Cupcake Day</p> 	<p>19 10:30 Sittercise GAME DAY!</p> 
<p>20 10:30 Sittercise Friends & Family Day 2pm Worship Evangel</p>	<p>21 10:30 Sittercise 2pm BINGO</p> 	<p>22 10:30 Sittercise 2pm PINK Power Breast Cancer Awareness - Wear your PINK Today</p> 	<p>23 10:30 Sittercise 2pm Fall Movie Matinee</p> 	<p>24 10:30 Sittercise 2pm Dominos</p> 	<p>25 10:30 Sittercise 2pm Garden Store</p> 	<p>26 10:30 Sittercise Happy Birthday Judy Mitchell Pumpkin Day</p> 
<p>27 10:30 Sittercise Friends & Family Day 2pm Worship</p>	<p>28 10:30 Sittercise 2pm BINGO</p> 	<p>29 10:30 Sittercise 2pm Pumpkin Spice & Apple Pies</p> 	<p>30 10:30 Sittercise 2pm Halloween Movie Matinee</p> 	<p>31 10:30 Sittercise 2pm Halloween BINGO</p> <p>Happy Halloween</p> 	<p>EXERCISE: 10:30am Sittercise</p> 	<p>BIRTHDAYS: Jeanne Bentley 10/2 Judy Mitchell 10/26</p> <p>HAPPY BIRTHDAY</p>