














FEBRUARY 2019



GARDENS OF PELHAM ASSISTED LIVING

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
HEALTH TOPIC: American Heart Month 	FOOD: Hot Breakfast Month 	FUN: Mardi Gras Valentine's Day	BIRTHDAYS: 	National Senior Independence Month	1 10am Sittercise 2pm Hearts Card Game	2 Groundhog Day National Wear Red Day  10am Sittercise
3 Superbowl Sunday  10am Sittercise 2pm Worship with Evangel	4 Nat'l Homemade Soup Day 10am Sittercise 2pm BINGO 	5 Weatherman's Day 10am Sittercise 1:00 STEP on IT with Kindred at Home 2pm PINK Flamingo Craft	6 Women in Sports Day 10am Sittercise 2pm BINGO	7 Send A Card Day 10am Sittercise 2pm Movie and Popcorn	8 Boy Scout Day  10am Sittercise 2pm- <i>Murphy Family</i>	9 Pizza Day  10am Sittercise
10 10am Sittercise 2pm Worship with Evangel	11 National Make A Friend Day  10am Sittercise 2pm BINGO	12 Fat Tuesday 10am Sittercise 2pm FAT TUESDAY Happy Birthday Ernest Crepps	13 10am Sittercise 2pm Mexican Train Dominos	14 Happy Valentine's Day 10am Sittercise 2pm Valentines Party	15 10am Sittercise 2pm Coffee Group & Hearts Game	16 Nat'l Almond Day 10am Sittercise 12pm Pokanna Tallahassi Men
17 Random Acts of Kindness Day  10am Sittercise 2pm Worship with Evangel	18 10am Sittercise  2pm BINGO	19 Chocolate Mint Day 10am Sittercise 2pm Mexican Train Dominos	20 10am Sittercise 2pm Ladies Lady Bug Craft	21 10am Sittercise National Chili Day  2pm Movie and Popcorn	22 10am Sittercise George Washington's Birthday 2pm <i>Fun with Murphy Family</i>	23 10am Sittercise Banana Bread Day 1:30 Special Party Time Fun with Family & Friends
24 Oscar Night – Academy Awards 10am Sittercise 2pm Worship with Evangel	25 10am Sittercise 2pm BINGO	26 10am Sittercise 2pm Mexican Train Dominos	27 10am Sittercise Nat'l Strawberry Day 2pm Strawberry Shortcake Social Happy 100th Birthday Ms. Lula Mae Ott	28 10am Sittercise 2pm Garden Store	National Bird Feeding Month 	Happy Mardi Gras! 